



# Human Services Career Cluster

The Human Services career cluster focuses on preparing individuals for employment in career pathways that relate to families and human needs, such as counseling and mental health services, family and community services, personal care services, and consumer services. This career cluster includes occupations ranging from community health workers to cosmetologists and nutritionists.

## Statewide Program of Study: *Health and Wellness*

The Health and Wellness program of study focuses on occupational and educational opportunities associated with promoting physical, emotional, and mental health and wellness. This program of study includes assisting patients in planning for their health and wellness, responding to crises, providing education or counseling, making referrals, and addressing barriers to accessing health and wellness services.

### Secondary Courses for High School Credit

- |                |                                                                                                                                                                                    |
|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Level 1</b> | <ul style="list-style-type: none"> <li>Principles of Human Services</li> </ul>                                                                                                     |
| <b>Level 2</b> | <ul style="list-style-type: none"> <li>Human Growth and Development</li> <li>Lifetime Nutrition and Wellness</li> <li>Interpersonal Studies</li> <li>Entrepreneurship I</li> </ul> |
| <b>Level 3</b> | <ul style="list-style-type: none"> <li>Applied Nutrition and Dietetics</li> </ul>                                                                                                  |

### Aligned Industry-Based Certifications

- Pre-Professional Certification in Nutrition, Food, and Wellness
- Food Safety & Science Certification

### Aligned Advanced Academic Courses

<b>Dual Credit</b>	Dual credit offerings will vary by local educational agency.
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### Work-Based Learning and Expanded Learning Opportunities

#### Work-Based Learning Activities

- Shadow a dietician in a local hospital or nursing home to learn about tailoring diets to patient needs
- Work part-time as a peer counselor at a community non-profit organization that works with children
- Intern at a non-profit organization to learn about identifying resources to serve needs of participants

#### Expanded Learning Opportunities

- Participate in FCCLA



### Example Postsecondary Opportunities

#### Apprenticeships

- Community Health Worker Apprentice

#### Associate Degrees

- Social Work
- Community Health Services Counseling

#### Bachelor's Degrees

- Social Work
- Mental Health Counseling

#### Master's, Doctoral, and Professional Degrees

- Nutrition Sciences
- Dietetics

#### Additional Stackable IBCs/License

- Dietician



### Example Aligned Occupations

#### Community Health Workers

Median Wage: \$39,520  
Annual Openings: 501  
10-Year Growth: 25%

#### Dietetic Technician

Median Wage: \$28,919  
Annual Openings: 160  
10-Year Growth: 18%

#### Dietitians and Nutritionists

Median Wage: \$63,687  
Annual Openings: 475  
10-Year Growth: 21%

Data Source: TexasWages, Texas Workforce Commission. Retrieved 3/8/2024.



For more information visit:

<https://tea.texas.gov/academics/college-career-and-military-prep/career-and-technical-education/programs-of-study-additional-resources>



# Human Services Career Cluster

## Statewide Program of Study: Health and Wellness

### Course Information

Level 1

Course	Prerequisites   Corequisites	Career Clusters
<b>Principles of Human Services*</b> 13024200 (1 credit)	<b>Prerequisites:</b> None <b>Corequisites:</b> None <b>Recommended Prerequisites:</b> None <b>Recommended Corequisites:</b> None	

Level 2

Course	Prerequisites   Corequisites	Career Clusters
<b>Human Growth and Development*</b> 13014300 (1 credit)	<b>Prerequisites:</b> None <b>Corequisites:</b> None <b>Recommended Prerequisites:</b> Principles of Human Services or Principles of Education and Training <b>Recommended Corequisites:</b> None	
<b>Lifetime Nutrition and Wellness*</b> 13024500 (0.5 credit)	<b>Prerequisites:</b> None <b>Corequisites:</b> None <b>Recommended Prerequisites:</b> Principles of Human Services, Principles of Hospitality and Tourism, or Principles of Health Science <b>Recommended Corequisites:</b> None	
<b>Interpersonal Studies*</b> 13024400 (0.5 credit)	<b>Prerequisites:</b> None <b>Corequisites:</b> None <b>Recommended Prerequisites:</b> Principles of Human Services, Principles of Hospitality and Tourism, Principles of Health Science, or Principles of Education and Training <b>Recommended Corequisites:</b> None	
<b>Entrepreneurship I*</b> 13011101 (1 credit)	<b>Prerequisites:</b> None <b>Corequisites:</b> None <b>Recommended Prerequisites:</b> None <b>Recommended Corequisites:</b> None	

Level 3

Course	Prerequisites   Corequisites	Career Clusters
<b>Applied Nutrition and Dietetics</b> N1302541 (1 credit)	<b>Prerequisites:</b> None <b>Corequisites:</b> None <b>Recommended Prerequisites:</b> Principles of Human Services, Lifetime Nutrition and Wellness and/or Human Growth and Development <b>Recommended Corequisites:</b> None	

\* Indicates course is included in more than one program of study.

For additional information on the **Human Services** career cluster, contact [cte@tea.texas.gov](mailto:cte@tea.texas.gov) or visit <https://tea.texas.gov/cte>



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